

Ms. Bly's guide to studying effectively

“But...I studied!”

Studying for a test or quiz doesn't always have to do with how much TIME you spend studying. Effective studying depends on **HOW** you study. If you find that what you're doing guarantees that you will get a grade above a 90, then keep doing what you're doing.

However...

If you aren't scoring where you think you should be scoring, here are some study tips you may want to try out!

Tip #1: Some students find that listening to music helps studying. Others find it distracting. My suggestion would be to try both. Music with words? Music without words? No music at all? **Try it!**

Tip #2: Your textbook. Try not to open your textbook while studying unless you're working on review problems or need to look something up. Why? Because chances are that you're not going to be able to use your book on your exam/quiz, so try not use it as a crutch!

Tip #3: Studying should be an every day thing, not just before the test. **Last minute studying is a waste of time.** Try studying 5-10 minutes every day IN ADDITION to your homework. The day before the test, studying should just be an easy refresher!

Tip #4: **Don't study past 10pm the night before the test.** Taking tests and quizzes when you've got a good night's sleep is VITALLY IMPORTANT. Don't be that student that falls asleep during a test!

Tip #5: When studying, make sure your phone is turned off and hidden so you're not tempted to answer texts. That goes for Facebook as well!

Tip #6: **Figure out what you need to study.**

How do you do this? Easy. Look over homework problems you may have gotten wrong, incorrect answers from previous tests and quizzes, and don't waste time studying the things you already know. Briefly make sure you remember things correctly and if you do, move on to harder concepts.

Tip #7: You should be able to describe a vocabulary word or scientific concept in your own words. If you're using your text book to review and come across a multiple choice question, cover the answers and try to answer the question without looking at the given answers!

Most importantly: **IF YOU HAVE A QUESTION, ASK.**